

How to access the Service

Referrals to the Service can be made by any professional involved in your care e.g. GP, Consultant, Social Worker, Nurse. Referral forms can be sent out to them on request.

For any further information, please contact:

West Lothian Community Rehabilitation & Brain Injury Service
Strathbrock Partnership Centre
189a West Main Street
Broxburn, EH52 5LH
Tel: 01506 284440 press option 2
Email: CRABIS@westlothian.gov.uk

Hours of Service:

Mon – Thurs 9.00 – 5:00pm
An answer phone is available outwith these hours.

Please contact us if you would like this leaflet or any information from it to be translated to another language or to be provided in another format (e.g. large print, Braille or tape).

The Service can access Interpretation Services as required.

We strive to provide an excellent service and value your views and opinions. If you would like to make any suggestions or comments or you are not happy with any aspects of the Service, you can contact us in writing or by calling us on the above telephone number.

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West Lothian
Health & Social Care Partnership
www.westlothianhsc.org.uk



The Service

The West Lothian Community Rehabilitation & Brain Injury Service is funded by the **Health & Social Care Partnership** (This is a partnership between NHS Lothian & West Lothian Council). The West Lothian Community Rehabilitation & Brain Injury Service Team provides assessment and rehabilitation for adults in West Lothian in your own home or community setting.

Eligibility

You may be eligible for referral to the Service if you:

- Are over the age of 16 years
- Have an acquired neurological condition such as stroke, acquired brain injury, multiple sclerosis (MS), motor neurone disease (MND), diagnosed functional neurological symptoms etc .
- Need the services of 2 or more therapies i.e. Speech and Language Therapy, Physiotherapy, Occupational Therapy and Psychology.
- However we will accept referrals for people with an acquired brain injury who need 1 or more therapies.

The Team

- Occupational Therapists
- Physiotherapists
- Speech and Language Therapist
- Clinical Psychologists
- Rehabilitation Assistants

What we offer

Assessment

- We will visit you to gain understanding of your abilities and limitations.
- We will identify with you your main difficulties and areas you may wish to work on

This may include:

- Activities of Daily Living (e.g. personal care, household tasks, meal preparation)
- Mobility (including upper limb movement)
- Communication (e.g. speaking, understanding, reading, writing, social skills)
- Learning & applying knowledge (i.e. memory, problem solving)
- Emotional state (anxiety, depression, adjustment)
- Social activity
- Interests
- Community living (e.g. money management, shopping, travel)
- Work

Following this assessment, depending on your needs, we can offer:

- A rehabilitation programme delivered at home or in your local community
- Further specialist assessment
- Advice and information
- Referral to other agencies
- Carer advice / support