

Self-Directed Support Service

Providing independent advice and support to unpaid carers and disabled people about Self-Directed Support (SDS) to promote choice and control when accessing social care.



- Find out more about SDS and how to access it
- Workshops, peer support and 1-1 support
- Help to prepare for SDS assessment and reviews
- Opportunity to talk through personal outcomes and plans for support
- Links to resources and other available supports

Get in touch to find out more:

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What is SDS?

Self Directed Support (SDS) is the term for how Social Care in Scotland has been delivered since 2014. The principles of SDS are that support is person centred, and supported people and unpaid carers have choice and control about how support is provided. Once assessed as being eligible for support and outcomes have been identified, there are 4 options to choose how support is provided:

Option 1: Direct Payment

You can use this to choose and control your support e.g. employing a personal assistant

Option 2: Individual Service Fund

You choose what support you would like and the Local Authority makes the arrangement

Option 3: Direct Service

The Local Authority selects the support and arranges it.

Option 4: A Combination

You choose a mix of the available options that works for you.

